

A CONTRA DANCER'S ETIQUETTE

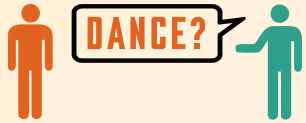
FRIENDS OF GREENFIELD DANCE WWW.FRIENDSOFGREENFIELDDANCE.ORG

GROUND RULES

THE CONTENT OF THIS DOCUMENT IS BASED ON THE ORIGINAL DESIGN DONE BY HOLY LINDY LAND (HOLYLINDYLAND.COM), AND INSPIRED BY BOBBY WHITE'S ARTICLE ON ETIQUETTE AND FLOORCRAFT (USED WITH PERMISSION): SWUNGOVER.WORDPRESS.COM/2013/09/23/SWING-101-ETIQUETTE-FLOORCRAFT

- ★ RESPECT YOURSELF, YOUR PARTNER AND THOSE AROUND YOU.
- IF SOMETHING DOESN'T FEEL RIGHT - SPEAK UP.
- ★ RULES ARE SOMETIMES MEANT TO BE BROKEN - AS LONG AS IT FEELS COMFORTABLE TO YOU, YOUR PARTNER AND THE PEOPLE AROUND YOU.

IF YOU'D LIKE TO DANCE WITH SOMEONE - TAKE THE **INITIATIVE** AND INVITE THEM FOR A DANCE. DO SO **POLITELY**. DON'T SIT AROUND WAITING FOR THE OTHER PERSON TO ASK YOU.



THANK YOUR PARTNER FOR THE DANCE WHEN THE SONG ENDS.

DON'T FORGET TO **SMILE** AND MAINTAIN **EYE CONTACT** DURING THE DANCE! USE **MODERATION** - CONSTANT EYE CONTACT CAN FEEL CREEPY WHILE NO EYE CONTACT AT ALL CAN FEEL IMPERSONAL.



NO **AERIALS** ON THE DANCE FLOOR!

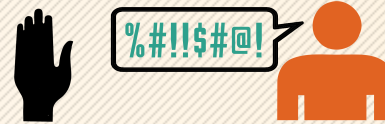


EVERYONE HAS THE RIGHT TO SAY "NO" TO A DANCE, FOR ANY REASON. IN MOST CASES THE REASON ISN'T PERSONAL. SMILE GRACIOUSLY AND BOW OUT.



PROTECT YOURSELF; WEAR PROPER FOOTWEAR SUCH AS SOFT SOLE SHOES. PLEASE, NO STREET SHOES.

INTENTIONAL VERBAL OR PHYSICAL ABUSE (TOUCHING, CURSING, ETC.) IS UNACCEPTABLE. OFFENDERS MAY BE BANNED - PERMANENTLY.



MAINTAIN **GOOD PERSONAL HYGIENE** - SHOWER BEFORE THE DANCE, BRING **DEODORANT**, USE **BREATH MINTS**.

CONNECT WITH PARTNERS THE WAY YOU'D LIKE TO FEEL CONNECTION YOURSELF. IF A PARTNER USES AN UNPLEASANT OR HURTFUL CONNECTION CONSISTENTLY, PLEASE LET THEM KNOW. THE STAFF IS ALWAYS AVAILABLE IF YOU'D LIKE TO CONSULT WITH THEM.



IF YOU ACCIDENTALLY KICK OR HIT SOMEONE WHILE DANCING, **APOLOGIZE**. IF A PERSON CONSISTENTLY DANCES IN A DANGEROUS WAY, BRING IT TO THEIR **ATTENTION** OR LET THE STAFF KNOW.



IF YOU UNINTENTIONALLY TOUCH OR GRAZE SOMEONE'S PRIVATE AREAS - **APOLOGIZE**. IF INAPPROPRIATE TOUCHING PERSISTS, BRING IT TO THAT PERSON'S ATTENTION OR THE STAFF'S.

MAKE YOURSELF PRESENTABLE AT DANCES. AVOID WEARING SPIKE HEELS. ALWAYS BRING A SPARE SHIRT OR TWO



WE'VE ALL GOT THE CONTRA BUG, BUT GERMS ARE NOT SOMETHING WE NEED TO SHARE. IF YOU HAVE TO SNEEZE OR COUGH - DO SO INTO YOUR ARM, NOT YOUR HAND. USE HAND SANITIZER AND WASH YOUR HANDS THROUGHOUT THE EVENING.



PROTECT YOUR PERSONAL SPACE AND BE MINDFUL OF OTHERS'. BOTH PARTNERS SHOULD TAKE RESPONSIBILITY FOR PROTECTING THEMSELVES AND EACH OTHER DURING THE DANCE. BE PREPARED TO STOP IN CASE OF A POSSIBLE COLLISION.

PLEASE DO NOT WEAR PERFUME, COLOGNE, OR OTHER SCENTED PRODUCTS TO THE DANCE. MANY DANCERS ARE ALLERGIC AND WILL NOT BE ABLE TO DANCE COMFORTABLY IF OTHERS ARE WEARING FRAGRANCE.. !



WE'RE ALL HERE TO HAVE FUN. ENJOY YOURSELF AND DO YOUR BEST TO MAKE THE EVENING FUN FOR OTHERS AS WELL!

